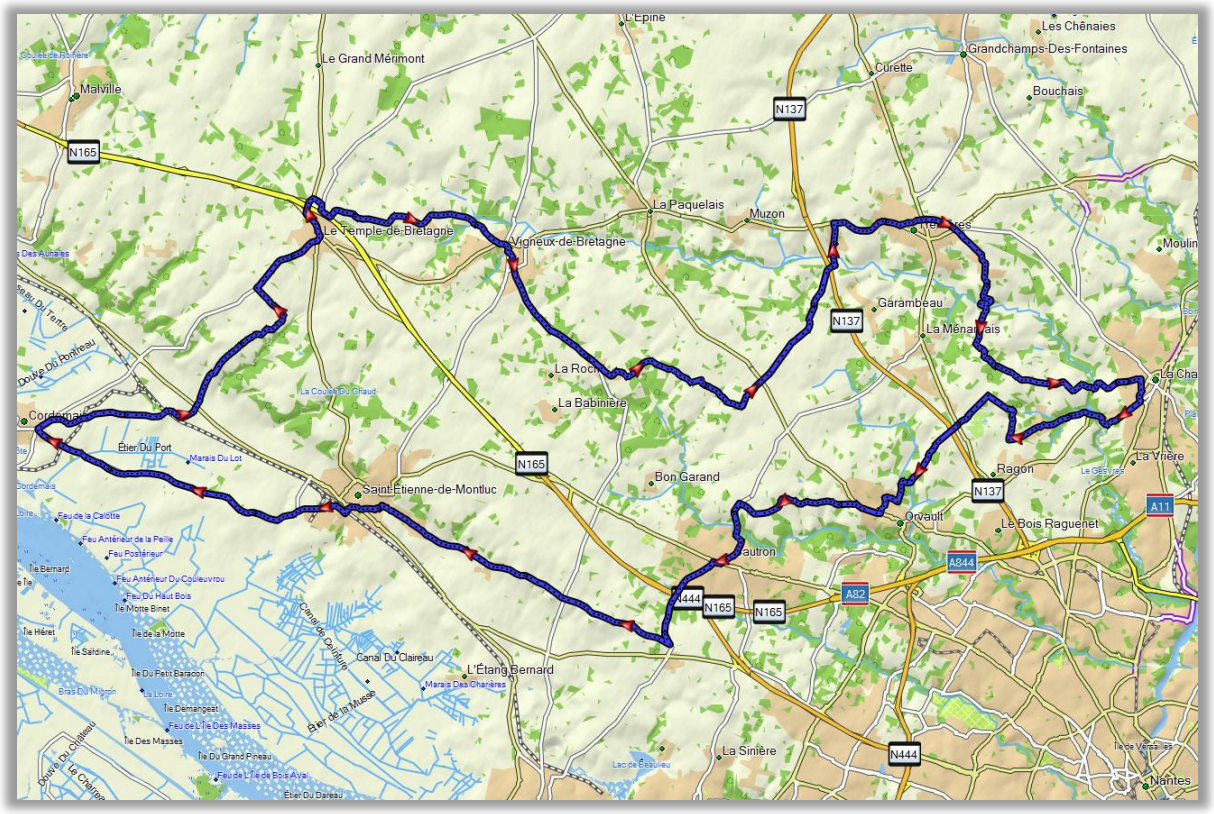
ACC006 – 71Km – 715m D+



LCSE – Mazaire – La Gergaudière – La Cathelinière – La Croix Verte – Le Plessis Buron – Orvault – La Chapelle Les Anges – Sautron – Route des crètes – St Etienne de Montluc – Cordemais – Les Mares St François – La Colle – La Gentais – D15 – Le Temple – La Gazette – L'Aillée – Vigneux – La Gaudinière – La Rimbertière – Le Fresne – Mauvais Tour – Le Lin – La Gréhandiere – Treillières – La Rinçay – Le Haut Roty – La Noé Violin – Massigné – LCSE